





THE AVENUE PRIMARY SCHOOL PE CURRICULUM OVERVIEW 2022-23

YEAR R	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Games for	Dance - Ourselves	Ball Skills – Hands 1	Ball Skills - Feet 1	Ball Skills - Hands 2	Locomotion – Jumping
	Understanding					1
		Locomotion –	Gymnastics – High,	Dance - Nursery	Gymnastics - Moving	Dance - Dinosaurs
		Walking 1	low, over, under	Rhymes		

YEAR 1	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Games for understanding	Ball Skills – Hands 1	Ball Skills – Feet 1	Ball Skills - Hands 2	Locomotion – Running 1	Locomotion – Jumping 1
	Gymnastics – Body Parts	Dance - Heroes	Gymnastics – Wide, narrow, curled	Dance – The Zoo	Ball Skills – Rackets, bats and balls	Health and Wellbeing
						Team Building
						(Woodland Learning)

YEAR 2	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Games for	Ball Skills – Hands 1	Ball Skills – Feet 1	Ball Skills - Hands 2	Locomotion – Dodging	Locomotion – Jumping
	understanding				1	1
	Gymnastics – Pathways	Dance - Explorers	Gymnastics – Linking	Dance – Mr Candy's Sweet Factory	Ball Skills – Rackets, bats and balls	Health and Wellbeing
						Outdoor Adventure
						Activities - Team
						Building (WL)







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YEAR 3	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Invasion Games - Football	Invasion Games – Tag Rugby	Invasion Games – Netball	Games – Tennis	Athletics	Games – Cricket
	Health and Wellbeing - Mindfulness	Dance – Wild Animals	Gymnastics – Symmetry and Asymmetry	Dance - Witches and Wizards	Athletics – Throwing & Jumping	Athletics – Competitions
						Outdoor Adventure Activities – Communication & Tactics (WL)

YEAR 4	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Invasion Games -	Invasion Games – Tag	Invasion Games –	Games – Tennis	Athletics	Games – Cricket
	Football	Rugby	Netball			
	Swimming	Dance - Cats	Gymnastics - Bridges	Swimming	Swimming	Swimming
						Outdoor Adventure
						Activities – Problem
						Solving (WL)

YEAR 5	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Invasion Games –	Invasion Games – Tag	Invasion Games –	Games – Tennis	Athletics	Games – Cricket
	Football	Rugby	Netball			
						Athletics –
	Health Related	Dance - Greeks	Gymnastics –	Invasion Games-	Games – Rounders	Competitions
	Excercise		Counter Balance and	Dodgeball		
			Counter Tension			Outdoor Adventure
						Activities -
						Orienteering (WL)







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YEAR 6	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Invasion Games – Football	Invasion Games – Tag Rugby	Invasion Games – Netball	Games – Tennis	Athletics	Games – Cricket
	Swimming	Dance - Carnival	Gymnastics – Matching and Mirroring	Swimming	Swimming	Swimming Outdoor Adventure Activities - Leadership (WL)