

WEEK 1 MENU

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| MAIN  MEAL | **CHICKEN**  **BURGER** | **MINCE BEEF & ONION PIE** | **ROAST CHICKEN BREAST**  **pie**  **piue** | **MAC ‘N’ CHEESE WITH BACON** | **FISH FINGERS** |
| VEGETARIAN | **QUORN**  **BURGER** | **QUORN MINCE & ONION PIE** | **FETA AND TOMATO TARTLET** | **MAC ‘N’ CHEESE** | **QUORN FINGERS** |
| SIDES | **DICED POTAOES & GREEN BEANS** | **SWEETCORN AND CARROTS** | **ROAST POTATOES & VEGETABLES** | **GARLIC BREAD**  **& PEAS** | **CHIPS & BEANS** |
| PUDDINGS | **SULTANA SPONGE** | **STICKY TOFFEE PUDDING & CUSAARD** | **RASPBERRY JELLY** | **CHOC CHIP**  **SPONGE** | **ICE-CREAM** |



WEEK 2 MENU

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| MAIN  MEAL | **CHICKEN KORMA** | **SAUSAGE WRAPPED IN BACON** | **ROAST**  **GAMMON** | **FISH PIE TOPPED WITH SAUTE POTATOES** | **CHICKEN NUGGETS** |
| VEGETARIAN | **VEGETABLE KORMA** | **QUORN SAUSAGE** | **VEGETABLE TART** | **TOFU ‘FISH’ PIE TOPPED WITH SAUTE POTATOES** | **QUORN NUGGETS** |
| SIDES | **BROWN**  **RICE & SWEETCORN** | **WHOLEWHEAT HOOPS AND HASH BROWN** | **ROAST POTATOES AND VEGETABLES** | **PEAS & CARROTS** | **BEANS, PEAS**  **& CHIPS** |
| PUDDING | **SPICED CARROT CAKE** | **OAT COOKIE** | **ORANGE**  **JELLY** | **APPLE CAKE & CUSTARD** | **ICE-CREAM** |



WEEK 3 MENU

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| MAIN  MEAL | **JERK CHICKEN BREAST** | **CHICKEN, GRAVY & VEGETABLE PIE** | **ROAST PORK** | **BOLOGNESE PASTABAKE** | **FISHCAKE** |
| VEGETARIAN | **JERK QUORN FILLET** | **QUORN, GRAVY & VEGETABLE PIE** | **CHEESE & ONION PASTY** | **CHEESE & TOMATO PASTABAKE** | **FISHLESS FINGERS** |
| SIDES | **BROWN RICE & PEAS** | **CARROTS & SWEETCORN** | **ROAST POTATOES, VEGETABLE** | **GARLIC BREAD & PEAS** | **BEANS, PEAS & CHIPS** |
| PUDDING | **CHOC & BEETROOT CAKE** | **JAM SPONGE & CUSTARD** | **STRAWBERRY JELLY** | **ORANGE CAKE** | **ICE CREAM** |